

# Skinny Zuppa Toscana

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-hot-italian-turkey-sausage>

## Ingredients:

- 64 ounces chicken broth
- 2 large russet potatoes
- 1 small onion
- 2 teaspoons garlic minced
- 19 1/2 ounces hot italian turkey sausage Jennie-O
- 6 slices bacon cooked
- 1 cup kale chopped

## Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 30 milligrams
4. Fat: 24 grams
5. Fiber: 1 grams
6. Protein: 17 grams
7. SaturatedFat: 6 grams
8. Sodium: 500 milligrams
9. Sugar: 1 grams

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