

Italian Sausage with Tomato Sauce

Yield: 5 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/turkey-italian-sausage-recipe-seasonings>

Ingredients:

- 1 package Italian turkey sausage 5 links, either hot or mild, but I prefer hot
- 3 teaspoons olive oil for browning sausage
- 25 1/2 ounces pasta sauce low sugar, use your favorite tomato-based sauce variety that is low in sugar, try to get under 5 grams sugar...