

Tiropita (Greek cheese pastries)

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-tiropita-recipe>

Ingredients:

- 9 sheets filo pastry approx 8oz/225g
- 4 ounces feta cheese 113g, crumbled
- 3 ounces ricotta
- 2 ounces Parmesan 53g, finely grated
- 5 tablespoons unsalted butter or a little more, as needed

Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 85 milligrams
4. Fat: 29 grams
5. Fiber: 1 grams
6. Protein: 15 grams
7. SaturatedFat: 18 grams
8. Sodium: 770 milligrams
9. Sugar: 1 grams

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