

Healthy gluten free Christmas fruit cake

Yield: 12 min
Total Time: 100 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-gluten-free-christmas-fruit-cake>

Ingredients:

- 200 grams sultanas
- 200 grams raisins
- 150 grams cranberries
- 150 grams dried apricots chopped
- 2 cups almond meal blanched
- 3/4 cup pecans chopped
- 1/3 cup olive oil or macadamia oil
- 1/2 cup fresh orange juice
- 1 Orange
- 3 eggs whisked
- 1 teaspoon vanilla extract 100%
- 1 teaspoon cinnamon
- 1/2 teaspoon nutmeg
- blanched almonds optional for decorating

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 34 grams
3. Cholesterol: 55 milligrams
4. Fat: 22 grams
5. Fiber: 6 grams
6. Protein: 7 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 20 milligrams
9. Sugar: 22 grams

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