

Christmas Breakfast Casserole

Yield: 12 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/homemade-italian-sausage-recipe-with-provolone-recipe>

Ingredients:

- 1 pound italian sausage beef, ground
- 1 cup onion chopped
- 7 ounces roasted red peppers
- 10 ounces frozen spinach thawed, drained and chopped
- 1 cup all-purpose flour
- 1/4 cup grated Parmesan cheese
- 1 teaspoon dried basil
- 1/2 teaspoon salt
- 8 eggs
- 2 cups milk
- 4 ounces provolone cheese shredded
- rosemary sprigs Fresh, for topping

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 180 milligrams
4. Fat: 20 grams
5. Fiber: 1 grams
6. Protein: 17 grams
7. SaturatedFat: 8 grams
8. Sodium: 810 milligrams
9. Sugar: 4 grams

Thank you for visiting our website. Hope you enjoy Christmas Breakfast Casserole above. You can see more 19 homemade italian sausage recipe with provolone recipe You must try them! to get more great cooking ideas.