

Vegan Collard Greens, southern style

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-cooking-collard-greens-southern-style>

Ingredients:

- 2 teaspoons vegetable oil olive oil is fine too
- 1 large onion about 1 ½ cups chopped
- 8 cloves garlic mince really fine or put through a garlic press
- 1 teaspoon ground allspice
- 1 teaspoon rosemary this is dry rosemary. Crush the needles into a powder with a mortar or pestle or run the knife through them to pow...
- 2 bunches collard greens
- 14 leaves roll
- 1/2 teaspoon red pepper flakes
- 1 cup vegetable stock
- salt
- ground black pepper

Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 12 grams
3. Fat: 2.5 grams
4. Fiber: 5 grams
5. Protein: 3 grams
6. Sodium: 450 milligrams
7. Sugar: 2 grams

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