

# No Bake Cinnamon Applesauce Christmas Ornaments

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-cinnamon-applesauce-christmas-ornaments>

## Ingredients:

- 1 cup ground cinnamon
- 3/4 cup applesauce
- 1 tablespoon ground nutmeg or cloves

## Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 34 grams
3. Fat: 1 grams
4. Fiber: 17 grams
5. Protein: 1 grams
6. Sugar: 8 grams

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