

# Christmas Tree Pull Apart Bread

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-tree-pull-apart-bread-southern-living-recipe>

## Ingredients:

- 8 ounces crescent dough sheet
- 1/2 cup garlic and herb cream cheese, softened
- 1/4 cup sour cream
- 1 cup fresh spinach chopped
- 1/3 cup red peppers diced
- 1/2 cup Parmesan cheese
- 8 ounces crescent dough sheet
- 1/2 cup garlic and herb cream cheese softened
- 1/4 cup sour cream
- 1 cup fresh spinach chopped
- 1/3 cup red peppers diced
- 1/2 cup Parmesan cheese

## Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 30 milligrams
4. Fat: 13 grams
5. Fiber: 1 grams
6. Protein: 12 grams
7. SaturatedFat: 7 grams
8. Sodium: 440 milligrams
9. Sugar: 3 grams

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