

English Christmas Pudding

Yield: 4 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-pudding-recipe-without-raisins>

Ingredients:

- 1 cup flour
- 1 teaspoon cinnamon
- 1 teaspoon ground ginger
- 3/4 teaspoon baking powder
- 1/2 teaspoon salt
- 1/2 teaspoon allspice
- 1/2 teaspoon nutmeg
- 2 cups dried cranberries
- 1 1/2 cups calimyrna figs dried, chopped
- 1 cup dried dates chopped
- 4 cups bread crumbs fresh french
- 1 cup brown sugar
- 3 large eggs
- 1/2 cup melted butter
- 1/3 cup pure maple syrup
- 1/4 cup orange juice
- 1/4 cup water
- 1 teaspoon orange peel
- 2 teaspoons vanilla

Nutrition:

1. Calories: 1090 calories
2. Carbohydrate: 190 grams
3. Cholesterol: 220 milligrams
4. Fat: 31 grams
5. Fiber: 8 grams
6. Protein: 18 grams
7. SaturatedFat: 17 grams
8. Sodium: 1360 milligrams

9. Sugar: 104 grams

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