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Festive Christmas Mulled Red Wine

Yield: 9 min Total Time: 15 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-for-christmas-mulled-red-wine

Ingredients:

- 2 bottles red wine
- 4 cups apple cider
- 1/2 cup honey
- 4 ounces brandy
- 4 cinnamon sticks
- 6 cloves
- 2 star anise
- lemons
- oranges
- apples
- 4 oranges peeled for garnish, optional

Nutrition:

- 1. Calories: 220 calories
- 2. Carbohydrate: 50 grams
- 3. Fiber: 6 grams
- 4. Protein: 1 grams
- 5. Sodium: 15 milligrams
- 6. Sugar: 31 grams

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