

# Basic Christmas Fruit Cake

Yield: 16 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-english-christmas-fruit-cake-recipe>

## Ingredients:

- 2 cups all purpose flour
- 2 1/2 cups fruits
- 1 cup rum
- 1/2 cup unsalted butter
- 1 cup sugar
- 2 eggs
- 1 teaspoon baking powder
- nutmeg powder - ? tsp
- 1/8 teaspoon cinnamon powder
- 1 teaspoon vanilla extract
- 1/2 teaspoon salt

## Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 40 milligrams
4. Fat: 7 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 4 grams
8. Sodium: 120 milligrams
9. Sugar: 16 grams

---

Thank you for visiting our website. Hope you enjoy Basic Christmas Fruit Cake above. You can see more 18+ traditional english christmas fruit cake recipe Taste the magic today! to get more great cooking ideas.