

Indo-Chinese Shrimp Chow Mein

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-chinese-shrimp-chow-mein>

Ingredients:

- 12 ounces egg noodles packet
- 1 pound shrimp
- 1 green bell pepper
- 2 carrots
- 1 red onion Medium
- 4 scallions
- 8 cloves garlic
- 2 green chili
- 1 tablespoon vinegar
- 2 tablespoons dark soy sauce
- 1 tablespoon chili sauce
- 4 tablespoons oil
- salt
- pepper

Nutrition:

1. Calories: 640 calories
2. Carbohydrate: 77 grams
3. Cholesterol: 245 milligrams
4. Fat: 20 grams
5. Fiber: 7 grams
6. Protein: 37 grams
7. SaturatedFat: 2 grams
8. Sodium: 920 milligrams
9. Sugar: 7 grams

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