

Chinese Potstickers

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-chinese-potstickers>

Ingredients:

- 12 ounces cabbage chopped
- 2 carrots finely shredded
- 2 mushrooms large, diced
- 6 whole water chestnuts diced
- 1 teaspoon fresh ginger grated
- 1/4 cup green onions minced
- 1 pound ground turkey
- 1 1/2 tablespoons soy sauce
- 1 tablespoon chinese rice wine
- 2 teaspoons sesame oil
- 1 package dumpling wrappers round, gyoza/potsticker wrappers
- 1 tablespoon cornstarch + 1/2 cup water
- 1 Orange
- 1 lime
- 4 tablespoons low sodium soy sauce
- 1 teaspoon sugar

Nutrition:

1. Calories: 620 calories
2. Carbohydrate: 89 grams
3. Cholesterol: 100 milligrams
4. Fat: 14 grams
5. Fiber: 8 grams
6. Protein: 34 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 1670 milligrams
9. Sugar: 4 grams

Thank you for visiting our website. Hope you enjoy Chinese Potstickers above. You can see more 20 recipe for chinese potstickers You must try them! to get more great cooking ideas.