

Chinese Pickled Vegetables

Yield: 4 min
Total Time: 12 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-chinese-pickled-vegetables>

Ingredients:

- 1 cup carrots white, match-stick cut
- 1 cup carrots orange, match-stick cut
- 1 cup cucumbers match-stick cut
- 1 1/2 teaspoons sea salt
- 1/4 cup rice vinegar
- 2 1/2 tablespoons sugar

Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 14 grams
3. Fiber: 2 grams
4. Protein: 1 grams
5. Sodium: 920 milligrams
6. Sugar: 11 grams

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