

Rainbow Noodle Bowl + Thai Peanut Sauce

Yield: 3 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-chinese-peanut-sauce-noodles>

Ingredients:

- peanut sauce Thai
- 1/4 cup water
- 1 lime juice of
- 3 tablespoons peanut butter
- 2 tablespoons date paste or other liquid sweetener
- 1 tablespoon coconut aminos
- 1 tablespoon coconut vinegar
- 1 teaspoon minced garlic
- 1 teaspoon ginger
- 1/2 teaspoon red chili flakes
- noodle Rainbow, Bowl
- 1 package kelp noodles Gold Mine Naturals
- 2 zucchinis spiralized
- 1 teaspoon sesame seeds
- 2 tablespoons peanuts
- veggies Mixed, choice

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 15 milligrams
4. Fat: 27 grams
5. Fiber: 7 grams
6. Protein: 18 grams
7. SaturatedFat: 6 grams
8. Sodium: 220 milligrams
9. Sugar: 15 grams

Thank you for visiting our website. Hope you enjoy Rainbow Noodle Bowl + Thai Peanut Sauce above. You can see more 16 recipe for chinese peanut sauce noodles Delight in these amazing recipes! to get more great cooking ideas.