

# Chinese Fried Rice with Shrimp

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-chinese-fried-rice-with-shrimp>

## Ingredients:

- 1/2 cup shrimp peeled and deveined
- 1 tablespoon ginger grated
- 1 teaspoon salt
- 1 teaspoon pepper
- 1 tablespoon vegetable oil
- 2 eggs beaten
- 1 tablespoon sesame oil
- 2 cloves garlic pressed
- 2 green onions sliced and separated into "whiter" half and "green" half
- 1 cup frozen carrots
- 1 cup frozen peas
- 1 cup frozen corn
- 3 cups cooked rice day old
- 3 tablespoons soy sauce
- 1 teaspoon chicken stock powder
- 1 teaspoon white pepper

## Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 150 milligrams
4. Fat: 10 grams
5. Fiber: 4 grams
6. Protein: 13 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 1490 milligrams
9. Sugar: 5 grams

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