

Chinese Donuts

Yield: 14 min
Total Time: 200 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-chinese-donuts-recipe>

Ingredients:

- 1/2 cup milk
- 1 teaspoon dry yeast
- 1 whole egg
- 1 egg yolk
- 2 teaspoons sugar
- 1/2 teaspoon salt
- 2 cups all purpose flour
- 1 tablespoon butter
- vegetable oil for frying
- 2 cups sugar ; for dusting
- 1 tablespoon olive oil

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 45 grams
3. Cholesterol: 35 milligrams
4. Fat: 4.5 grams
5. Fiber: 1 grams
6. Protein: 3 grams
7. SaturatedFat: 1 grams
8. Sodium: 105 milligrams
9. Sugar: 31 grams

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