

# Chinese Sausage and Rice

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-chinese-brand-sausage-links>

## Ingredients:

- 1 1/2 cups jasmine rice long grain rice, preferred
- 2 3/4 cups water
- 4 sausage links Chinese, or more
- 1 tablespoon cooking oil neutral flavored, vegetable, canola
- 2 cloves garlic smashed
- 1 shallot roughly chopped
- 1/4 cup soy sauce
- 2 tablespoons dark soy sauce for substitute, see notes at top of recipe
- 1 tablespoon Chinese rice wine or dry sherry
- 2 tablespoons sugar
- 2 tablespoons water
- 1/4 teaspoon sesame oil Asian

## Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 70 grams
3. Cholesterol: 15 milligrams
4. Fat: 11 grams
5. Fiber: 1 grams
6. Protein: 10 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 1570 milligrams
9. Sugar: 7 grams

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