

Chicken Russian Kabab

Yield: 15 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-kabab-recipe-video>

Ingredients:

- boneless chicken shredded – 1 cup, cooked with little salt and pepper
- 1 potato
- 1 onion
- 3 green chili
- 1 tablespoon garlic
- 1/4 cup carrot
- 1/4 cup capsicum
- black pepper powder – 1 ½ tsp
- 1 1/2 tablespoons all purpose flour
- 1/2 cup milk
- 2 tablespoons coriander leaves
- 2 egg
- 2 cups vermicelli
- salt – to taste
- 2 tablespoons oil

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 30 milligrams
4. Fat: 3 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. Sodium: 70 milligrams
8. Sugar: 2 grams

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