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PEPPER CHICKEN (INDIAN STYLE)

Yield: 4 min Total Time: 75 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-for-chicken-indian-recipe

Ingredients:

- 500 grams chicken
- 1 onion
- 2 tablespoons garlic paste
- ginger pas-2tsp
- 3 green chilli
- salt to taste
- 2 tablespoons lemon juice
- 12 curry leaves
- 2 teaspoons coriander powder
- 1/2 teaspoon turmeric powder
- 1/4 cup oil
- 1/4 cup pepper do not use, powder. .it will not give the aroma of fresh black pepper..take pepper corn or kali mirch and grind
- 1/2 cup coriander leaves

Nutrition:

Calories: 320 calories
Carbohydrate: 13 grams
Cholesterol: 80 milligrams

4. Fat: 18 grams5. Fiber: 4 grams6. Protein: 27 grams

7. SaturatedFat: 2.5 grams8. Sodium: 300 milligrams

9. Sugar: 3 grams

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