

# Broccoli Soup with Ham and Swiss

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-broccoli-ham-and-swiss-rollup>

## Ingredients:

- 4 ounces ham diced
- 2 tablespoons butter
- 1/2 small onion diced
- 2 cloves garlic smashed
- 1/2 teaspoon celery seed
- 3 cups stock or broth
- 1 cup heavy cream
- 2 ounces cream cheese softened
- 1 turnip medium, peeled and diced about 1 1/2 cups
- 1/2 head broccoli chopped about 2 cups
- 4 ounces swiss cheese shredded
- salt
- pepper

## Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 175 milligrams
4. Fat: 50 grams
5. Fiber: 4 grams
6. Protein: 23 grams
7. SaturatedFat: 29 grams
8. Sodium: 1040 milligrams
9. Sugar: 7 grams

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