

BBQ Ribs in the Slow Cooker

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-boneless-southern-style-ribs>

Ingredients:

- 2 tablespoons butter
- 2 tablespoons canola oil
- 2 pounds boneless country style pork ribs
- salt
- pepper
- 1 1/4 cups ketchup
- 1/4 cup brown sugar
- 2 tablespoons worcestershire sauce
- 2 tablespoons apple cider vinegar
- 1/2 tablespoon prepared mustard
- 2 tablespoons cornstarch
- 2 tablespoons water

Nutrition:

1. Calories: 680 calories
2. Carbohydrate: 35 grams
3. Cholesterol: 185 milligrams
4. Fat: 40 grams
5. Fiber: 1 grams
6. Protein: 45 grams
7. SaturatedFat: 9 grams
8. Sodium: 1320 milligrams
9. Sugar: 27 grams

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