

Finger Lickin' Boneless Beef Ribs

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-boneless-southern-style-beef-ribs>

Ingredients:

- 3 pounds beef ribs boneless, or pork will do also
- 16 ounces barbecue sauce I elected to use Famous Dave's Sweet and Zesty

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 41 grams
3. Fiber: 1 grams
4. Sodium: 1270 milligrams
5. Sugar: 29 grams

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