

Swiss Chard and Artichoke 'White' Pizza

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-artichoke-and-swiss-chard-dip>

Ingredients:

- pizza dough for one 12" to 14" pizza
- 8 ounces mozzarella thinly sliced or shredded
- 3 tablespoons olive oil
- 6 cloves garlic minced
- 1 bunch Swiss chard about 12 ounces or 4 cups packed of leaves, leaves and stalks separated and both chopped into small pieces
- 14 ounces artichoke hearts packed in water, drained and rinsed, chopped into small pieces
- 1 teaspoon worcestershire sauce
- 3/4 cup Pecorino Romano cheese freshly

Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 90 milligrams
4. Fat: 34 grams
5. Fiber: 11 grams
6. Protein: 31 grams
7. SaturatedFat: 16 grams
8. Sodium: 1120 milligrams
9. Sugar: 3 grams

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