

# Antipasto Salad

Yield: 6 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-antipasto-salad-italian-dressing>

## Ingredients:

- 2 romaine lettuce hearts, — chopped into bite-size pieces, about 7 cups
- 4 ounces arugula leaves baby, — about 4 cups
- 4 ounces genoa salami DeLallo, — quartered lengthwise, then cut into bite-size pieces
- 4 ounces prosciutto DeLallo Sliced, — chopped into bite-size pieces
- 6 ounces artichoke hearts DeLallo Marinated Quartered, — drained and patted dry
- 1/2 cup olive DeLallo Pitted Seasoned, Medley — about 3 ounces
- 12 ounces DeLallo Roasted Red Peppers — drained, coarsely chopped, and patted dry
- 1 pint cherry tomatoes — halved
- 1/3 cup crumbled feta cheese
- fresh parsley
- basil
- chives
- 1/4 cup DeLallo Extra Virgin Olive Oil
- 2 tablespoons balsamic vinegar
- 1 teaspoon Dijon mustard
- 1 teaspoon minced fresh garlic
- 1/2 teaspoon kosher salt
- 1/4 teaspoon black pepper

## Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 30 milligrams
4. Fat: 9 grams
5. Fiber: 8 grams
6. Protein: 12 grams
7. SaturatedFat: 4 grams
8. Sodium: 930 milligrams
9. Sugar: 6 grams

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