

# A Christmas salad of winter greens & fruit

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-winter-salad-recipe>

## Ingredients:

- 1/2 head napa cabbage a small head
- 1/2 head radicchio
- 5 stalks kale
- 1/4 cup cranberries fresh organic
- 1/2 pomegranate
- 1 vinaigrette Clementine-coriander

## Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 13 grams
3. Fiber: 3 grams
4. Protein: 2 grams
5. Sodium: 20 milligrams
6. Sugar: 7 grams

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