

White Asparagus

Yield: 6 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-eggs-swiss-cheese-white-asparagus>

Ingredients:

- white asparagus
- sugar
- white vinegar
- 1 bunch white asparagus
- 1 teaspoon sugar
- 1 tablespoon white vinegar
- 1/2 cup unsalted butter
- 3 egg yolks
- 1 tablespoon lemon juice fresh or bottled
- 1 tablespoon water
- 1 dash white pepper
- 1 dash salt

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 145 milligrams
4. Fat: 18 grams
5. Fiber: 1 grams
6. Protein: 3 grams
7. SaturatedFat: 10 grams
8. Sodium: 55 milligrams
9. Sugar: 5 grams

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