

Cottage Cheese Ranch Dip {Cuppa Cuppa Cuppa}

Yield: 4 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-cuppa-cuppa-cuppa-mayo-onions-swiss>

Ingredients:

- 1 cup cottage cheese
- 1 cup mayonnaise
- 1 cup sour cream
- 3 tablespoons ranch seasoning mix

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 55 milligrams
4. Fat: 33 grams
5. Protein: 8 grams
6. SaturatedFat: 11 grams
7. Sodium: 790 milligrams
8. Sugar: 8 grams

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