

# Chicken and Chinese Sausage Fried Rice

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-chinese-smoked-sausage-and-rice>

## Ingredients:

- 1 chicken breast large, ; cooked and cubed/shredded
- 4 chinese sausages links, ; sliced
- 3 eggs
- 1/2 teaspoon fish sauce divided
- 1/2 teaspoon sugar
- 3 green onions ; sliced
- 1 cup green peas
- 1 carrot ; grated
- 3 garlic cloves plump, ; minced/grated
- 1 1/2 tablespoons soy sauce
- 1 1/2 tablespoons rice wine
- black pepper ; to taste
- 6 tablespoons sesame oil ; +/-
- 5 cups rice cooked and cooled

## Nutrition:

1. Calories: 910 calories
2. Carbohydrate: 91 grams
3. Cholesterol: 215 milligrams
4. Fat: 44 grams
5. Fiber: 3 grams
6. Protein: 33 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 1240 milligrams
9. Sugar: 4 grams

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