

Cold-Dressed Noodles, Yibin-Style

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-chinese-noodles-peanuts-chocolate>

Ingredients:

- 1/4 cup chili oil
- 1 tablespoon sesame oil
- 3 tablespoons soy sauce
- 8 ounces pea shoots or spinach, about 4 loosely packed quarts
- 5 tablespoons vegetable oil
- 1/3 cup mustard Sichuan ya cai or preserved/pickled, green, see note above
- 1 pound chinese noodles dried
- 1/4 cup chopped walnuts toasted
- 1/4 cup peanuts toasted chopped
- 1/4 cup sesame seeds
- 3 scallions green parts only, chopped

Nutrition:

1. Calories: 1100 calories
2. Carbohydrate: 78 grams
3. Fat: 84 grams
4. Fiber: 10 grams
5. Protein: 18 grams
6. SaturatedFat: 9 grams
7. Sodium: 1410 milligrams
8. Sugar: 4 grams
9. TransFat: 0.5 grams

Thank you for visiting our website. Hope you enjoy Cold-Dressed Noodles, Yibin-Style above. You can see more 19 recipe chinese noodles peanuts chocolate Ignite your passion for cooking! to get more great cooking ideas.