

Chinese Meatballs

Yield: 26 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-chinese-meatballs>

Ingredients:

- 1 pound lean ground beef
- 1/2 white onion finely chopped
- 3 cloves garlic minced
- 2 tablespoons soy sauce
- 1 tablespoon sesame oil
- 1/4 teaspoon ground coriander
- 1/4 teaspoon ground cardamom
- 1 teaspoon ground ginger
- 1 egg
- 1/4 cup oil vegetable or coconut oil
- 1/4 cup soy sauce
- 1/4 cup rice vinegar
- 2 tablespoons honey
- 1/4 teaspoon onion powder
- 1/4 teaspoon garlic powder
- 1 teaspoon cornstarch

Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 20 milligrams
4. Fat: 4 grams
5. Protein: 4 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 220 milligrams
8. Sugar: 2 grams

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