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Spicy Chinese Cashew Chicken

Yield: 4 min Total Time: 35 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-chinese-cashew-spicy

Ingredients:

- 1 pound chicken breast tenders cut into bite-size cubes
- 1/4 cup cornstarch
- salt to taste
- 1/2 teaspoon black pepper
- 1/2 teaspoon garlic powder
- 2 tablespoons oil
- 1 green bell pepper chopped
- 1 red bell pepper chopped
- 1/4 cup green onions chopped
- 1/2 cup cashews chopped
- 2 tablespoons hoisin sauce
- 2/3 cup soy sauce
- 1 teaspoon sesame oil
- 2 tablespoons brown sugar
- 2 teaspoons minced garlic
- 1 tablespoon fresh ginger grated
- 1/2 teaspoon crushed red pepper

Nutrition:

Calories: 640 calories
Carbohydrate: 49 grams

3. Cholesterol: 45 milligrams

4. Fat: 39 grams5. Fiber: 4 grams

6. Protein: 26 grams

7. SaturatedFat: 6 grams

8. Sodium: 3240 milligrams

9. Sugar: 11 grams

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