

Clove-Studded Roasted Pineapple

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-brazilian-roasted-pineapple-brown-sugar>

Ingredients:

- 1 pineapple ripe, about 4 lbs.
- 16 cloves
- 1/4 cup peanut oil or grapeseed
- 2 cups light brown sugar
- 1/2 cup superfine sugar
- 16 Szechuan peppercorns dried, crushed
- 3/4 teaspoon quatre-épices a mixture of pepper, Cloves, nutmeg, and ginger
- 6 star anise

Nutrition:

1. Calories: 730 calories
2. Carbohydrate: 157 grams
3. Fat: 15 grams
4. Fiber: 4 grams
5. Protein: 3 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 45 milligrams
8. Sugar: 144 grams

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