

Tomato-Cornbread Salad with Avocado and Cilantro

Yield: 10 min
Total Time: 100 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-cornbread-salad-recipe-paula-deen>

Ingredients:

- 5 cups cornbread 1/2-inch cubed, made from an 8.5-ounce box mix
- 1 1/2 pounds tomatoes stemmed and cut into medium dice
- salt to taste
- 2 garlic cloves medium, minced
- 1/2 red onion large, cut into small dice
- 1/4 cup chopped fresh cilantro
- 2 avocados ripe, cut into medium dice
- 1/4 cup olive oil
- 2 tablespoons red wine vinegar
- ground black pepper to taste

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 20 milligrams
4. Fat: 14 grams
5. Fiber: 4 grams
6. Protein: 4 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 320 milligrams
9. Sugar: 3 grams

Thank you for visiting our website. Hope you enjoy Tomato-Cornbread Salad with Avocado and Cilantro above. You can see more 15 southern cornbread salad recipe paula deen Deliciousness awaits you! to get more great cooking ideas.