

# Birria Tacos

Yield: 4 min  
Total Time: 120 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-blended-peppers-oil-vietnamese>

## Ingredients:

- 1 1/2 pounds beef shank
- 1 pound sirloin or other roast/steak
- 3 peppers dried guajillo, see notes
- 1 can chipotle peppers in adobo
- 1/4 cup vinegar
- 1/2 cup crushed tomatoes
- 5 cloves garlic
- 1 teaspoon dried oregano
- 1/2 teaspoon smoked paprika
- 1 teaspoon cumin
- 1 medium onion chopped
- 1 cinnamon stick
- 2 bay leaves
- 6 whole cloves
- chicken stock to cover sodium free, about 1 quart
- 4 inches corn tortillas
- 1 medium onion chopped, optional
- 1 bunch cilantro chopped, optional
- 1 cup Mexican cheese blend grated, optional

## Nutrition:

1. Calories: 790 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 190 milligrams
4. Fat: 46 grams
5. Fiber: 3 grams
6. Protein: 71 grams
7. SaturatedFat: 19 grams
8. Sodium: 860 milligrams

9. Sugar: 8 grams

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