

# Thai Chicken Salad with Rice Noodles

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-best-vietnamese-thai-chicken-salad-recipe>

## Ingredients:

- 4 1/2 ounces rice stick noodles maifun\*
- 4 large garlic cloves
- 1/4 cup soy sauce
- 1/3 cup fresh lime juice
- 2 tablespoons sugar
- 1 tablespoon smooth peanut butter
- 2 teaspoons peeled fresh ginger chopped
- 1 1/4 teaspoons hot chili paste such as sambal oelek\*
- 1/4 cup vegetable oil
- 3 chicken breast halves purchased roasted, boned, skinned, shredded
- 3 cups napa cabbage shredded
- 1 cup grated carrot coarsely
- 1 cup red bell pepper strips
- 1/2 cup red onion thinly sliced
- 2 cucumbers medium, halved lengthwise, thinly sliced crosswise
- 1/3 cup roasted salted peanuts coarsely chopped

## Nutrition:

1. Calories: 540 calories
2. Carbohydrate: 48 grams
3. Cholesterol: 70 milligrams
4. Fat: 25 grams
5. Fiber: 6 grams
6. Protein: 33 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 1110 milligrams
9. Sugar: 15 grams

Thank you for visiting our website. Hope you enjoy Thai Chicken Salad with Rice Noodles above. You can see more 20 recipe best vietnamese thai chicken salad recipe Deliciousness awaits you! to get more great cooking ideas.