

Southern Sweet Potato Pie

Yield: 9 min

Total Time: 150 min

Recipe from: <https://www.recipeschoose.com/recipes/trisha-s-southern-kitchen-orange-maple-glaze-recipe>

Ingredients:

- 1 1/2 pounds Orange
- 2 cups potato puree
- 1 cup heavy cream
- 3 large eggs lightly beaten
- 2 tablespoons blackstrap molasses or sorghum
- 1/2 cup granulated sugar
- 1/2 cup light brown sugar packed
- 1 tablespoon unbleached all purpose flour
- 1/4 teaspoon ground cardamom
- 1/4 teaspoon ground cloves
- 1/4 teaspoon mace ground
- 1/2 teaspoon ground ginger
- 1/4 teaspoon sea salt
- 1 pie crust recipe Shortcut, made with brown sugar and prebaked in a 9-inch deep-dish pie plate
- whipped cream optional
- grated nutmeg Freshly, optional

Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 60 grams
3. Cholesterol: 120 milligrams
4. Fat: 24 grams
5. Fiber: 6 grams
6. Protein: 6 grams
7. SaturatedFat: 12 grams
8. Sodium: 380 milligrams
9. Sugar: 27 grams

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