

Grandma's Southern Creamed Corn Pudding

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-stewed-corn-recipe>

Ingredients:

- 1/2 cup butter
- 1/4 cup flour
- 1/4 cup granulated sugar
- 2 eggs beaten
- 1 cup half and half
- 1 can whole kernel corn, drained
- 1 can cream style sweet corn
- salt
- pepper

Nutrition:

1. Calories: 480 calories
2. Carbohydrate: 42 grams
3. Cholesterol: 190 milligrams
4. Fat: 33 grams
5. Fiber: 2 grams
6. Protein: 8 grams
7. SaturatedFat: 19 grams
8. Sodium: 720 milligrams
9. Sugar: 16 grams

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