

# Fava Bean Ravioli

Yield: 24 min  
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/ravioli-dough-recipe-southern-italian>

## Ingredients:

- ravioli dough
- 6 large egg yolks
- 3 whole large eggs
- 3 cups flour all-purpose or Italian-style “00”; plus additional
- 1/2 teaspoon salt
- 2 1/2 pounds fava beans in their pods
- 1/4 cup grated pecorino finely, or Parmigiano cheese, plus additional
- 3 tablespoons whole milk ricotta cheese drained
- 1/4 cup chopped fresh mint or Italian parsley
- 1/2 teaspoon fresh ground black pepper
- salt to taste
- 2 tablespoons extra-virgin olive oil
- 2 tablespoons butter
- 2 leeks sliced into thin matchsticks
- 1/2 pound asparagus sliced into 1/2-inch pieces

## Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 23 grams
3. Cholesterol: 55 milligrams
4. Fat: 4 grams
5. Fiber: 3 grams
6. Protein: 7 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 105 milligrams
9. Sugar: 1 grams

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