

Vegetarian Brown Rice Sushi Rolls

Yield: 1 min
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/radish-sprouts-recipe-japanese>

Ingredients:

- 2/3 cup brown rice short-grain
- 1 cup water
- 2 teaspoons soy sauce
- 2 tablespoons seasoned rice vinegar
- 1 teaspoon wasabi powder
- 8 1/4 nori by 7 1/4-inch sheets roasted, **, dried laver
- 1/2 Kirby cucumber peeled, seeded, and cut into 1/16-inch-thick matchsticks
- 1/2 carrot cut into 1/16-inch-thick matchsticks
- 1/2 California avocado firm-ripe small
- 3/4 ounce radish sprouts *, roots trimmed

Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 111 grams
3. Fat: 15 grams
4. Fiber: 11 grams
5. Protein: 14 grams
6. SaturatedFat: 3 grams
7. Sodium: 650 milligrams
8. Sugar: 4 grams

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