

Korean Radish Soup (Muguk)

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/radish-soup-recipe-indian-style>

Ingredients:

- 12 ounces radish Korean, mu, ?
- 2 scallions
- 6 ounces beef brisket or chuck
- 2 teaspoons minced garlic divided
- 1 teaspoon sesame oil
- 2 tablespoons guk-ganjang Korean soup soy sauce, ???*
- salt
- pepper

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 25 milligrams
4. Fat: 4 grams
5. Fiber: 3 grams
6. Protein: 10 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 260 milligrams
9. Sugar: 2 grams

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