

# Crab Stuffed Mushrooms

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-crab-stuffed-mushrooms-recipe>

## Ingredients:

- 1 pound lump crab meat
- 1 cup mayonnaise I like using Best Foods or Hellman's
- 1 cup grated Parmesan cheese
- 1/2 teaspoon black pepper
- 1 teaspoon garlic powder
- 2 stalks green onions sliced
- 20 white mushrooms fresh, more or less, depending on the size

## Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 125 milligrams
4. Fat: 28 grams
5. Fiber: 1 grams
6. Protein: 34 grams
7. SaturatedFat: 7 grams
8. Sodium: 1140 milligrams
9. Sugar: 6 grams

---

Thank you for visiting our website. Hope you enjoy Crab Stuffed Mushrooms above. You can see more 16 italian crab stuffed mushrooms recipe Cook up something special! to get more great cooking ideas.