

Rachael Ray's Marinara Sauce

Yield: 6 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/rachel-rays-italian-chili-recipe>

Ingredients:

- 1/4 cup olive oil
- 8 garlic cloves chopped
- 1 teaspoon fennel seeds
- 1 pepperoncino fresh or dried, finely chopped
- 64 ounces San Marzano tomatoes
- 2 tablespoons fresh thyme chopped
- 1 handful fresh basil leaves torn

Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 14 grams
3. Fat: 9 grams
4. Fiber: 3 grams
5. Protein: 3 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 15 milligrams
8. Sugar: 9 grams

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