

Fully Loaded Mexican Quinoa Nachos

Yield: 2 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/quinoa-bowl-lunch-recipe-mexican>

Ingredients:

- 1 cup quinoa Mexican, recipe link in post above
- 1/2 bag tortilla chips organic
- 1 cup mozzarella grated goat cheese
- 1/2 cup salsa fresh
- 1 avocado ripe, cubed

Nutrition:

1. Calories: 970 calories
2. Carbohydrate: 111 grams
3. Cholesterol: 45 milligrams
4. Fat: 47 grams
5. Fiber: 17 grams
6. Protein: 32 grams
7. SaturatedFat: 11 grams
8. Sodium: 930 milligrams
9. Sugar: 4 grams

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