

Easy Mexican Spaghetti

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/quick-mexican-canned-pinto-beans-recipe>

Ingredients:

- 1/2 pound hamburger ground
- 1/2 yellow onion
- 2 garlic cloves minced
- 17 5/8 ounces spaghetti package of
- 1/4 cup diced fire roasted tomatoes
- 1 cup canned pinto beans rinsed and drained
- 1 cup canned corn drained
- 1/2 teaspoon garlic powder
- 1 container tomato Campbell's Soups for Easy Cooking: Mexican Style, it's a pourable, ready-to-use soup
- shredded cheddar cheese or your favorite kind will work
- avocado cut into chunks
- green onion chopped
- 1/2 cup salsa your favorite, we used the Organic Kirkland Brand from Costco

Nutrition:

1. Calories: 700 calories
2. Carbohydrate: 112 grams
3. Cholesterol: 40 milligrams
4. Fat: 15 grams
5. Fiber: 8 grams
6. Protein: 32 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 320 milligrams
9. Sugar: 7 grams
10. TransFat: 0.5 grams

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