

Pommarola, the Italian tomato sauce

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/zesty-italian-sauce-recipe>

Ingredients:

- 25 ripe tomatoes kilos of, about 2 kilos once deseeded
- 1 red onion finely chopped
- 4 carrots finely chopped
- 2 celery stalks finely chopped
- extra-virgin olive oil
- 2 tablespoons coarse salt
- 2 sprigs fresh basil

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 40 grams
3. Fat: 5 grams
4. Fiber: 10 grams
5. Protein: 9 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 3630 milligrams
8. Sugar: 27 grams

Thank you for visiting our website. Hope you enjoy Pommarola, the Italian tomato sauce above. You can see more 16 zesty italian sauce recipe They're simply irresistible! to get more great cooking ideas.