

Quail Egg Scotch Eggs with Homemade Sausage

Yield: 14 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/quail-eggs-vietnamese-recipe>

Ingredients:

- 11 quail eggs
- 1/2 pound ground pork
- 2 tablespoons breadcrumbs
- 1 teaspoon mushroom bullion
- 1 teaspoon white pepper
- 1/4 teaspoon thyme
- 1/4 teaspoon sage
- 1/4 teaspoon oregano
- bread crumb Coating
- 1/2 cup flour
- 1/2 cup almond milk
- 1/2 cup bread crumbs
- oil for deep frying

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 10 milligrams
4. Fat: 5 grams
5. Protein: 4 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 65 milligrams
8. Sugar: 1 grams

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