

Daigakuimo Japanese sweet potato bite

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/purple-sweet-potato-japanese-ube-cake-recipe>

Ingredients:

- 1 1/8 pounds purple sweet potato Japanese, 500 g Japanese purple sweet potato
- 2 tablespoons olive oil 2 tbsp Olive oil
- 2 tablespoons rice malt syrup 2 tbsp Rice malt syrup
- 1/4 teaspoon black sesame seeds 1/4 tsp Black sesame seeds

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 25 grams
3. Fat: 7 grams
4. Fiber: 4 grams
5. Protein: 3 grams
6. SaturatedFat: 1 grams
7. Sodium: 70 milligrams
8. Sugar: 5 grams

Thank you for visiting our website. Hope you enjoy Daigakuimo Japanese sweet potato bite above. You can see more 20 purple sweet potato japanese ube cake recipe Experience flavor like never before! to get more great cooking ideas.