

Mexican Pesto

Yield: 6 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-pesto-sauce-recipe>

Ingredients:

- 1/4 cup pumpkin seeds hulled, pepitas
- 1 bunch cilantro
- 1/4 cup grated cotija cheese
- 4 cloves garlic
- 1 chile pepper serrano, seeded
- 1/2 teaspoon salt
- 6 tablespoons olive oil

Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 5 milligrams
4. Fat: 17 grams
5. Protein: 2 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 230 milligrams

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