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Pumpkin Pancakes

Yield: 7 min Total Time: 15 min

Recipe from: https://www.recipeschoose.com/recipes/pumpkin-pancakes-indian-recipe

Ingredients:

- 2 cups baking mix Bisquick or other
- 2 tablespoons light brown sugar packed
- 2 teaspoons ground cinnamon
- 1 teaspoon ground allspice
- 12 ounces evaporated milk
- 1/2 cup pumpkin canned, unsweetened pure
- 2 tablespoons vegetable oil
- 2 large eggs
- 1 teaspoon vanilla extract

Nutrition:

Calories: 290 calories
Carbohydrate: 33 grams
Cholesterol: 75 milligrams

4. Fat: 14 grams5. Fiber: 1 grams6. Protein: 8 grams

7. SaturatedFat: 4.5 grams8. Sodium: 510 milligrams

9. Sugar: 8 grams

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